

Discernment

## Common Qualities and Values

Abundance Discipline Humor Reverence **Effort Impartiality** Right Action Acceptance Accountability **Empathy** Integrity Right Aspiration Enthusiasm **Right Intention** Allegiance Joy Justice Altruism Ethical Right Livelihood Appreciation Equanimity Kindness Right Speech Self-awareness Authenticity Etiquette Knowledge Beauty Fairness Love Self-control Benevolence Faith Loving-Kindness Sensitivity Caring **Fidelity** Serenity Loyalty Celebration Flexibility Mercy Service Citizenship Forbearance Mindfulness Sharing Cleanliness Foresight Moderation Sincerity Commitment Fortitude Morality Spirituality Compassion Friendliness Non-Violence Strength Concentration Frugality Patience Tactful Contemplation Fulfillment Peace Temperance Conscientious Generosity Perseverance Tenacity Considerate Gentleness Protection Tolerance Trustworthy Contentment Goodness Reason Contribution Gratitude Truth Receptivity Reciprocity Understanding Courtesy **Happiness** Creativity Harmony Reliable Unity Dependable Helpful Renunciation Universality Determination Honesty Repentance Virtue Dignity Honor Respect Wholesome Responsibility Wisdom Diligence Hospitality

Restraint

Humility