

***Unfinished Conversation: Healing from Suicide and Loss
A Guided Journey***

By Robert E. Lesoine and Marilynne Chöphel MFT

Resources for Suicide Prevention

National Suicide Prevention Lifeline

www.suicidepreventionlifeline.org

1-800-273-TALK (8255)

A free, 24-hour hotline available to anyone in suicidal crisis, emotional distress, or for survivors who need someone to talk with who understands your circumstances. Your call will be connected to the nearest crisis center to you.

Veterans, call 1-800-273-8255 and press 1 to be routed to the Veterans Suicide Prevention Hotline.

American Association of Suicidology

www.suicidology.org

Directory of AAS-Accredited Crisis Centers

Suicide Prevention Resources

Warning Signs, Risk Factors, Statistics

Books about Suicide: Comprehensive list of books reviewed and recommended by AAS

Training & Accreditation

Annual Conference

American Foundation for Suicide Prevention

www.afsp.org

Understanding Suicide

Preventing Suicide

Coping with Suicide—for survivors

Research, Advocacy, and Public Policy

Events:

Out of the Darkness Walks to Prevent Suicide

International Survivors of Suicide Day

The Canadian Association for Suicide Prevention

www.suicideprevention.ca

Find a Crisis Centre

Events and Conferences

World Suicide Prevention Day

About Suicide: Risk Assessment; Resiliency Factors

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www.unfinishedconversation.com

Defense Suicide Prevention Office (DSPO)

Department of Defense/Veterans Administration

www.suicideoutreach.org

Outreach Center 24/7 and Chat Online 24/7

Warning Signs and Self-assessments

Resources for Veterans

International Association for Suicide Prevention (IASP)

www.iasp.info/postvention.php

Resources in English, Estonian, Flemish, French, Japanese, Polish, Serbian, Spanish

Dedicated to preventing suicidal behavior, to alleviate its effects, and to provide a forum for academics, mental health professionals, crisis workers, volunteers, and suicide survivors.

National Center for Post-Traumatic Stress Disorder (PTSD)

United States Department of Veterans Affairs Department of Defense

www.ptsd.va.gov

PTSD resources for people who have experienced trauma or have PTSD, and those who work with them.

Public Section: Veterans, the General Public, Family & Friends Professional Section: Researchers, Providers & Professional Helpers

Veterans Resources And Services

The Trevor Project

The leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth, ages 13-24.

www.thetrevorproject.org

Suicide Prevention

Resources for Educators and Parents

Events

Advocacy

Suicide Prevention Resource Center (SPRC)

www.sprc.org

The only federally supported resource center devoted to providing technical assistance, training, and materials for suicide prevention practitioners and other professionals serving people at risk for suicide.

Assessing and Managing Suicide Risk

Online Trainings

Suicide Prevention in Juvenile Correctional Facilities

Suicide Prevention among LGBT Youth: for Professionals Who Serve Youth

U.S. Department of Veterans Affairs

www.va.gov

Suicide Prevention Resources: www.mentalhealth.va.gov/suicide_prevention/

Veterans Crisis Line: 1-800-273-8255 (Press 1)